



**Gym-N-Learn
Nursery School**

LESSON PLANS

September Week 1
WED. 1-2:30 (1:30-2:15 GYMNASTICS)



THEME

1. Introduce letters "A & B"
2. Introduce uppercase and lowercase letters from flashcard

MUSIC

1. Sing Hungry Little Worm CD

CIRCLE TIME

1. Introduce uppercase and lowercase letters
2. Introduce letters-A & B

ALPHABET

1. Sing alphabet song
2. Place alphabet letters

LEARNING CENTERS

1. Count lummi sticks
2. Complete foam alphabet puzzle
3. Trace poly number with finger

TABLETIME

1. Draw picture of family
2. Review crayon rules and table rules

STORYTIME

1. The Night Before Kindergarten by Natasha Wing

HANDOUTS

1. This is my family