

The ABC'S OF teaching Gymnastics by Patti Komara

Accountability – parent and child

Believes in program
Balance – discipline, fun, love, teaching

Celebrate
Creativity of your lesson plan
Complete discipline

Dedication – seminars, how to take criticism

Emergency
Excellent – start on time, be professional, look good, posture (no body piercing & tatoos)

Fun
Flashcards

Guided discovery
Games

Happy
Handbook – parent and employee

Idolized – (grocery store)
Imaginative - play

Job description – know it

Kinesthetic

Learn gym policies
Look for the good
Lesson plans colorful

Manipulate their bodies through your direction
Don't be a Minuteman/
Market your achievement
Motivate

Names - learn

Optimum
Sharp observor

stale courses

arent link

ower to choose

Promotion

rogression sheets

atient

lan your class

Question...Ask yourself a better question
uality

Responsibility
emembered

ituations

tations

Standards

afety

potting

Teach
hemes

Understanding company goals, program goals, other staffers parents (empathy) lesson plan,
job description and what your job is...

Videotape yourself

Watch video
ork with parents

X-tra mile

Yourself with managing
sell yourself

Zap them with new themes
teach with Zip

Patti Komara's Bio

Patti Komara has owned a gymnastics school in Dyer, Indiana since 1969 offering gymnastics, dance, swimming, and a fitness based nursery school called Gym-N-Learn. Patti began speaking at national seminars in 1981. Patti's Tumblebear Connection has produced more than 80 instructional DVDs. She has written books on yearly lesson plans for The internationally known Tumblebear Gym Program, School-age Gymnastics, Dancing GymBears, YogaBears, CheerBears, Gym-N-Learn, and her very successful swim program. Patti co-authored the original KAT certification program. In 2003 she was named USAG Business Leader of the Year. In 2005 Patti was selected as Client of the Year by Action International and in 2006 was given the national service award by USAG.

-For more information and great ideas from Patti go to www.tumblebear.com and check out products #146 Preschool Discipline and Class Management, #154-75 Preschool Tips in 75 Minutes, and # 211 What Makes a Great Teacher

