

This SAMPLE is only one day of a 5 day camp. The full download has over 350 pages consisting of 9 different themed week-long camp lesson plans, including Camp Overviews, Fliers, Parent Notes, Games, Activity Sheets, Awards, and detailed supply list, and supplier contact information.

List of themes:

- Around the World Camp**
- Christmas in July Camp**
- Pin it, Craft it, Create it, Camp**
- Rockin with my Doll Camp**
- Glitz and Glamor Camp**
- Party in the USA Camp**
- Galaxy Quest Camp**
- Extreme Warrior Camp**
- Jump, Stunt and Tumble Camp**

Important Notes:

We check our campers in at the camp check in tables. There are signs hanging down from our lobby ceiling directing parents on where to go. When we check in the campers we are required to ask the person dropping off who will be picking the child up. If it is someone other than the parents, we let them know that we will need to check the ID of the person picking up. We also ask the person dropping off if the child has any allergies or medical conditions we should be aware of. Once the child is checked in, they can say their goodbyes to mom or dad and enter the gym. They will go to their camp sign and either sit or play in their designated area.

8:30- 12:00pm Morning Camps:

Once the children are checked in and the parents have left, all camps will have breakfast together. All morning camps will eat together in the lobby area. We offer the following cereal choices for the children:

- Special K
- Rice Krispies
- Cheerios
- Fruit Loops

They have cereal and milk. All breakfast is completed and cleaned up no later than 9:15am.

1:00- 4:30pm Afternoon Camps:

These campers are always offered a snack half way through their camp. They are located in our "Snack Bin". We try to enjoy it outside (with the weather permitting). We offer the following choices (not all at the same time). We always give two choices:

- Pretzels
- Animal crackers

- Cheez-its
- Popcorn
- Goldfish

The following choices of drinks are offered everyday: (These are stored inside in the refrigerator. We chose our drink when we take a bathroom break before snack).

- Grape juice
- Apple juice
- Water is offered at anytime

****Campers are more than welcome to bring their own snack if they like. ****

Camp Dismissal Procedures:

- All campers are lined up at their camp signs 10 minutes prior to camp ending. They are required to have all of their belongings, camp projects, and any informational notes with them. This will expedite the dismissal procedure.
- Parents pick their child up at the same tables that they checked their child in.
- There will be 1-2 coaches with the kids at the signs, and the other coaches will be doing check out. This year there will be two check-out tables to help the lines move quicker.
- After campers are dismissed, whoever has not been picked up goes to the office so that their parent can be called.
- After all children are accounted for, we then clean up for the following day. We have specific morning and afternoon camp duties that are required of the staff before and after camp. They initial their task and turn it into the office after their shift.

Glitz and Glamour Camp
Monday Theme: This Season’s Coolest Fashions

Before camp starts make sure to have the following completed:

Check when done	
	Have tulle cut and ready to go.
	Have tattoo supplies ready.
	Have button and hair tie craft ready.
	Have business cards ready.

9:00 – 9:10 Welcome to Camp!

We are going to welcome all of our designers to Glitz and Glamour Camp. Before we get into our camp we are going to get to know our friends a little better. We will go around the circle and each designer will tell their name, favorite color and if they could design anything what would it be. We will quickly go over a few basic rules:

1. *Can I push, sit, jump, or chew on my friends? NO.*
2. *What happens if I have to use the bathroom? Tell the Teacher.*
3. *Can I take toys from my friends? No, we all share.*
4. *Can I run around like a wild animal? No, we are all glitzy and that means we are polite young ladies. ☺*
5. *Can we have fun? YES!!*

9:10 – 9:20 Hula Hooping Fun:

We are going to get started by having some hula hooping fun. We will start with hula hooping at our waist; we will then try an arm, neck, or even a leg. After we have practiced a few we will have a little hula hoop contest. You can even try to hula hoop with more than one hoop.

9:20 –9:35 Customize Your Logo:



All designers have their own logo or brand. Before we can begin creating our collection we must first come up with our own logo design.

There will be a folded card that says:

Designs by: _____

Your campers have to come up with a creative name and design how that name will be on the card. Using markers, stickers, glitter, etc.... They will design their logo on the card and that card will be used for all of their portfolio pictures for the week.

9:35-10:10 Design Your Own Tutu:

(This project we worked on different times during the week with our week long campers. This was taken home later in the week. Single day camper took theirs home with as much as they had finished)



Supplies:

- Pre-cut tulle
- Ribbon

Directions:

1. Have the tulle pre-cut into strips, 6"x25". (The length of the strips are as twice as long as you want the skirt to be).



2. Measure the camper's waist and then cut the ribbon a little bit longer so you have room to make a cute bow when we tie it together.
3. Now layer 3 strips in every other color (e.g.: 1 pink, 1 rose, 1 pink), fold them in half, and make a knot on the elastic.



4. For the next knot, 1 rose, 1 pink, 1 rose..... Put knots one by one.



5. Keep putting on knots until the ribbon is pretty full. Tie around waist and then you have a super cute skirt.



10:10-10:20 Fashionista Statue:

Two campers will be it and will stand facing the wall. Everyone else is going to get into a pose while the two campers count to 10. When they turn around everyone will be frozen. Those two campers are to walk around while the statues move without being seen. If the two campers see them move, then they are out and they go sit at the edge of the floor. The last two people left get to be it in the next game. This always seems to be the number one game.

10:20-10:30 Bathroom and Water Break

10:30-10:45 Glitz and Glamour Scavenger Hunt:

Together we will be going on a scavenger hunt to find some Glitz and Glam. Take your campers out and about to find the following products:

- *Rhinestone*
- *Sparkly rock*
- *Earring*
- *Necklace*
- *Ring*
- *Glitter*
- *Purple marker*
- *Shiny nickel*
- *Beautiful bead*
- *Sugar*
- *A piece of gum*
- *Sucker*

Once we have found all of our glitz and glam supplies we will have a special tattoo to take home.
(That is really the next activity) 😊

10:45-11:05 Glitter Tattoos: Camp Favorite!!



Supplies:

- Self-adhesive tattoo stencils
- Tattoo glue
- Glitter

Directions:

1. Have the campers line up in two lines to decide which tattoo they would like.
2. It will be easier to do two at a time and you keep the tattoo, (don't give them to the campers to hold).
3. Place tattoo on the two campers.
4. Paint the tattoo glue on.
5. Brush the colors of their choosing on their tattoo.
6. Gently pull off to reveal their finished tattoo.

11:05-11:40 Button Bracelets:

(This project may need to be completed tomorrow depending on your campers)



Supplies:

- Small safety pins or large depending on the look you would like
- Seed beads
- Elastic cord
- Scissors

Directions:

1. Take the elastic string and wrap it around the wrist to determine how long it needs to be. Add 2 additional inches.
2. Thread safety pins through to see how many pins you will need.
3. Slide the pins off.
4. Open one of the safety pins, and thread seed beads onto the open prong, leaving enough space to refasten the pin.

Hint: Put the small beads in a small cup and stick the pin in the cup a few times to thread them a little faster.

5. Repeat the process until all of the safety pins have been beaded.
6. Line your safety pins up the following way:



As you can see they are laid out oppositely.

7. Thread one of the cords through the hole in the top of the safety pin and then through the hole in the bottom of another safety pin. Continue to thread in this manner until your bracelet is long enough to go around your wrist.
8. Then, take the second cord and thread it through the bottom of the bracelet.
9. Finally, tie the ends of the bracelet together, and it's ready to wear!

11:40-11:45 Product Pictures:

At this time we will take pictures of the camper with their products individually using their logo card and the hair designs. This way the office will know who belongs to what design and it will also be put in their portfolio this week.

11:45-11:50 Prepare to Leave:

Collect belongings and then head into the gym to line up behind our camp sign with all of our belongings in hand.

11:50-12:00 Camp Dismissal Procedures:

- All campers are lined up at their camp signs 10 minutes prior to camp ending. They are required to have all of their belongings, camp projects, and any informational notes with them. This will expedite the dismissal procedure.
- Parents pick their child up at the same table that they checked their child in.
- There will be 1-2 coaches with the kids at the signs, and the other coaches will be doing check out.
- After campers are dismissed, whoever has not been picked up goes to the office so that their parent can be called.
- After all children are accounted for, we then clean up for the following day. We have specific morning and afternoon camp duties that are required of the staff before and after camp. They initial their task and turn it into the office after their shift.

Date and initial all completed duties:	Monday Staff Check List:
	1. Made glam skirts
	2. Glitter tattoos were done
	3. Made safety pin bracelets
	4. Made individual logo card
	5. Took pictures of skirt, bracelet, child, and logo card

Monday Staff Check List: This is required to be printed, completed and put on Coach Becky's clipboard at the end of your shift. If you did not get to a specific game/craft you must explain why.

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