

LESSON PLAN #16

Week of March 5

Theme: Easter

Music: Songs for Special Occasions
Holiday Piggy Back Songs
Holiday Songs
Children's All Time Rhythm Fav's

Sub-theme: Rond de jambe
(starting from BACK)

Prop List: Plastic Eggs
Basket

Entrance:

CD: Songs for Special Occasions
Bunny Express Train "into the dance room": Hold dancer's waist in front of you & jump
(*Remember: Two feet =jump, One foot = hop)

Song: "In Your Easter Bonnet"

Warm-up Song:

CD: Holiday Piggy Back Songs (Kimbo 9151)
This song is like the hokey pokey, except the dancers will move body parts like a bunny instead.
For example: their ears, nose, and tail.

Song: "Bunny Pokey"

Stretching: **CD:** Kids X 2 – SLP-1505
**Use plastic eggs to reach for toes, ceiling, and center while in straddle.

Song: "Peter Cottontail"

Barre Work:

1. Pliés in all three positions
2. Rond de jambe (start with tendu to the back, circle side, then front, close first)
3. Élevé and relevé
4. Tendu
5. Battements

**Teacher's note: Rond de jambe back, side, then front

Across the Floor: Each child gets a plastic flower. They will chassé across the floor and put it on a stem, which is painted on a sheet on the floor.

Center Work: (make a circle in the center of the room-have children hold hands)

1. Easter Basket Surprise! - Place an Easter Basket in the center of the circle. Call one child to pick out an egg and open it up. The teacher will read the step inside the egg and the class has to show her that step. Repeat until everyone has had a turn.
2. Review recital dance, add on if they are ready

Ending Song/ Activity: (done in a circle)

CD: Children's All Time Rhythm Favorites
Form a train with the children and do the bunny hop. Step-touch R foot out and in 2 x's, same on L side. Jump front, jump back, 3 jumps front (2 x's).

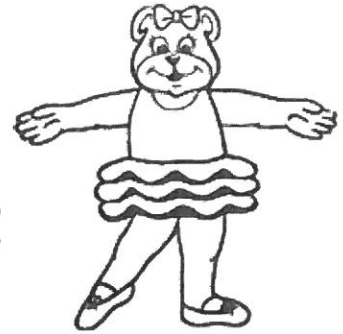
Song: "Bunny Hop"

Thank You and Curtsey

Handout:

1. Tina Ballerina

Tina Ballerina Bear Says:



**Tina Ballerina
Bear**

Spring time is near! Today we are going to be ballerina bunnies. As we enter the classroom, we will put on our Easter bonnets and hop in into our places. When we warm-up we will use a song called "Bunny Pokey." It is like the Hokey Pokey, but you have to move your ears, wiggle your nose, shake your tail, and hop like a bunny instead. As we stretch in class, we will be using plastic eggs to reach for the ceiling and to the center. We have to take extra special care of our eggs!

Across the floor each child will get a flower to dance with. When we get to the other side of the room, we will place our flower on a stem that is painted on the floor. Let's see how many flowers we have planted!

In the center of the room, there is a surprise in the Easter basket. We will have to show our teacher the step that is on the piece of paper inside the egg.

To end our Easter lesson, we will learn the Bunny Hop. Watch us as we dance around the room.



The Dance Connection